

Premier Contracted Product	Serv Size	Serving Cal	Cal from Fat	Total Fat	Sat Fat	Chol	Na	Carb	D Fib	Sugars	Protein
Page 5											
Raw Boneless Chicken Products											
#518	4 oz (112g)	110	25	3g	0.5g	60mg	450mg	0g	0g	0g	21g
% Daily Value				4%	3%	21%	19%	0%	0%		
#1108	4 oz (112g)	160	90	10g	3g	80mg	440mg	0g	0g	0g	18g
% Daily Value				15%	14%	26%	19%	0%	0%		
#2200	4 oz (112g)	210	120	13g	4g	95mg	90mg	0g	0g	0g	20g
% Daily Value				21%	19%	31%	4%	0g	0g		
#97854	4 oz (112g)	120	20	2.5g	0g	65mg	70mg	0g	0g	0g	25g
% Daily Value				2%	0%	21%	3%	0%	0%		
Page 5											
Raw Boneless PCB											
#176530	1 fillet (113g)	110	10	1g	0g	55mg	430mg	0g	0g	0g	23g
% Daily Value				2%	0%	19%	18%	0%	0%		
#176760	1 fillet (142g)	140	30	3g	0.5g	80mg	610mg	0g	0g	0g	26g
% Daily Value				5%	3%	26%	25%	0%	0%		
#177240	1 fillet (113g)	120	15	1.5g	0g	65mg	75mg	0g	0g	0g	26g
% Daily Value				2%	0%	22%	3%	0%	0%		
#370230	1 Filet (85g)	100	20	2.5g	0g	55mg	55mg	0g	0g	0g	18g
% Daily Value				4%	2%	18%	2%	0%	0%		
#370240	1 fillet (113g)	130	30	3.5g	.5g	70mg	70mg	0g	0g	0g	24g
% Daily Value				5%	3%	24%	3%	0%	0%		
#370250	1 fillet (142g)	160	35	4g	1g	90mg	90mg	0g	0g	0g	30g
% Daily Value				6%	4%	30%	4%	0%	0%		
#370260	1 fillet (170g)	190	45	5g	1g	105mg	110mg	0g	0g	0g	35g
% Daily Value				8%	5%	36%	5%	0%	0%		
#380260	1 fillet (170g)	170	20	2g	0.5g	105mg	110mg	0g	0g	0g	35g
% Daily Value				3%	3%	35%	5%	0%	0%		
#390240	1 fillet (113g)	110	10	1g	0g	55mg	430mg	0g	0g	0g	23g
% Daily Value				2%	0%	19%	18%	0%	0%		
#390250	1 fillet (142g)	150	30	3g	0.5g	90mg	510mg	0g	0g	0g	28g
% Daily Value				5%	3%	30%	21%	0%	0%		

Premier Contracted Product	Serv Size	Serving Cal	Cal from Fat	Total Fat	Sat Fat	Chol	Na	Carb	D Fib	Sugars	Protein
Raw Boneless PCB											
#390260	1 fillet (170g)	170	40	4.5g	1g	95mg	650mg	0g	0g	0g	31g
% Daily Value				7%	4%	32%	27%	0%	0%		
Page 5 Bone-In Raw Chicken											
#89585	4 oz (112g)	270	140	15g	4.5g	100mg	95mg	0g	0g	0g	31g
% Daily Value				24%	21%	33%	4%	0%	0%		
#96728	4 oz (112g)	180	90	10g	2.5g	90mg	95mg	0g	0g	0g	22g
% Daily Value				15%	13%	30%	4%	0%	0%		
#92795	1 breast (198g)	340	170	18g	5g	125mg	125mg	0g	0g	0g	41g
% Daily Value				28%	26%	42%	5%	0%	0%		
#97309	1 leg (171g)	320	190	21g	6g	140mg	135mg	0g	0g	0g	31g
% Daily Value				32%	29%	47%	6%	0%	0%		
#97310	4 oz (112g)	240	150	17g	5g	85mg	80mg	0g	0g	0g	21g
% Daily Value				26%	24%	28%	3%	0%	0%		
#97313	4 oz (112g)	270	140	15g	4g	100mg	90mg	0g	0g	0g	31g
% Daily Value				23%	21%	33%	4%	0%	0%		
#98016	1 piece (198g)	360	180	20g	6g	130mg	130mg	0g	0g	0g	41g
% Daily Value				31%	29%	43%	5%	0%	0%		
#900	4 pieces(127g)	220	140	16g	4.5g	75mg	760mg	0g	0g	0g	18g
% Daily Value				24%	22%	26%	32%	0%	0%		
Page 6 Pulled & Diced											
#3170	3 oz (85g)	120	15	1.5g	.5g	55mg	65mg	0g	0g	0g	26g
% Daily Value				2%	3%	18%	3%	0%	0%		
#3174	3 oz (85g)	120	15	1.5g	.5g	55mg	65mg	0g	0g	0g	26g
% Daily Value				2%	3%	18%	3%	0%	0%		
#3176	3 oz (85g)	120	15	1.5g	.5g	55mg	65mg	0g	0g	0g	26g
% Daily Value				2%	3%	18%	3%	0%	0%		

Premier Contracted Product	Serv Size	Serving Cal	Cal from Fat	Total Fat	Sat Fat	Chol	Na	Carb	D Fib	Sugars	Protein
Pulled & Diced											
#9170	3 oz (85g)	130	25	3g	1g	75mg	75mg	0g	0g	0g	25g
% Daily Value				5%	5%	25%	3%	0%	0%		
#9174	3 oz (85g)	130	30	3g	1g	75mg	80mg	0g	0g	0g	25g
% Daily Value				5%	5%	25%	3%	0%	0%		
#9180	3 oz (85g)	130	30	3.5g	1g	80mg	85mg	0g	0g	0g	25g
% Daily Value				5%	5%	27%	4%	0%	0%		
#5177	3 oz (85g)	130	30	3.5g	1g	80mg	85mg	0g	0g	0g	25g
% Daily Value				5%	5%	27%	4%	0%	0%		
#5178	3 oz (85g)	130	30	3.5g	1g	80mg	85mg	0g	0g	0g	25g
% Daily Value				5%	5%	27%	4%	0%	0%		
Breaded Tender & Tenderloins											
Page 6											
#1211	2 pieces (121g)	220	70	8g	1g	30mg	770mg	22g	1g	0g	15g
% Daily Value				12%	6%	10%	32%	7%	3%		
#1252	3 tenders (129g)	240	90	10g	1.5g	45mg	670mg	18g	>1g	0g	20g
% Daily Value				15%	8%	14%	28%	6%	3%		
#3509	2 pieces (119g)	200	70	8g	1g	40mg	770mg	16g	1g	1g	18g
% Daily Value				12%	6%	13%	32%	5%	2%		
#3518	1 tender (77g)	150	50	6g	1g	25mg	620mg	14g	1g	0g	9g
% Daily Value				9%	5%	8%	26%	5%	2%		
#3519	2 pieces (117g)	200	70	7g	1g	35mg	710mg	16g	<1g	0g	17g
% Daily Value				11%	6%	12%	29%	5%	2%		
#3520	2 pieces (110g)	190	80	7g	1g	30mg	670mg	19g	<1g	0g	14g
% Daily Value				11%	5%	9%	28%	6%	3%		
#3521	2 pieces (110g)	190	80	7g	1g	30mg	670mg	19g	<1g	0g	14g
% Daily Value				11%	5%	9%	28%	6%	3%		
#3522	1 tenderloin (77g)	150	50	6g	1g	25mg	490mg	14g	1g	0g	10g
% Daily Value				9%	5%	9%	20%	5%	2%		
#35041	2 pieces (139g)	240	80	9g	1g	45mg	510mg	20g	<1g	0g	21g
% Daily Value				13%	6%	14%	21%	7%	3%		

Premier Contracted Product	Serv Size	Serving Cal	Cal from Fat	Total Fat	Sat Fat	Chol	Na	Carb	D Fib	Sugars	Protein
Breaded Tender & Tenderloins											
#86788	1 piece (75g)	160	60	7g	1.5g	30mg	410mg	11g	0g	<1g	12g
% Daily Value				11%	8%	9%	17%	4%	0%		
#86789	1 piece (108g)	230	90	10g	1.5g	45mg	790mg	19g	1g	0g	17g
% Daily Value				15%	8%	14%	33%	6%	3%		
#87043	2 pieces (99g)	220	80	8g	1.5g	30mg	770mg	20g	<1g	1g	15g
% Daily Value				13%	7%	10%	32%	7%	4%		
#87176	3 pieces (128g)	250	90	11g	2g	60mg	690mg	17g	2g	0g	22g
% Daily Value				17%	10%	20%	29%	6%	8%		
#87179	4 oz (112g)	240	80	9g	1.5g	30mg	750mg	26g	2g	0g	14g
% Daily Value				14%	8%	10%	31%	9%	8%		
Gourmet											
Page 7											
#10436	1 piece (112g)	250	130	15g	9g	80mg	460mg	12g	0g	2g	17g
% Daily Value				23%	45%	27%	19%	4%	0%		
#13436	1 piece (112g)	180	45	5g	2g	55mg	580mg	12g	0g	2g	20g
% Daily Value				8%	10%	18%	24%	4%	0%		
#13724	1 piece (198g)	320	90	10g	5g	100mg	1100mg	21g	1g	3g	36g
% Daily Value				15%	25%	33%	46%	7%	4%		
#16718	1 piece (198g)	320	70	8g	7g	100mg	950mg	23g	<1g	4g	39g
% Daily Value				12%	34%	33%	40%	8%	3%		
#17436	1 piece (113g)	160	35	4g	2g	50mg	450mg	13g	1g	2g	18g
% Daily Value				6%	10%	17%	19%	4%	4%		
#17724	1 piece (198g)	280	80	8g	4g	80mg	810mg	23g	2g	3g	29g
% Daily Value				12%	20%	27%	34%	8%	8%		
#59480	1 piece (112g)	150	35	4g	1.5g	55mg	410mg	13g	1g	6g	17g
% Daily Value				6%	8%	18%	17%	4%	4%		
Bone-in Breaded FC											
Page 7											
#84084	3 oz (84g)	220	150	17g	4g	50mg	630mg	5g	0g	0g	12g
% Daily Value				26%	20%	16%	26%	2%	2%		

Premier Contracted Product	Serv Size	Serving Cal	Cal from Fat	Total Fat	Sat Fat	Chol	Na	Carb	D Fib	Sugars	Protein
Nuggets & Patties											
Page 7											
#85603	3 Ea (98g)	230	100	12g	2.5g	55mg	430mg	16g	2g	0g	16g
% Daily Value				18%	13%	18%	18%	5%	8%		
#85604	1 [patty (89g)	210	100	11g	2.5g	55mg	370mg	11g	1g	0g	16g
% Daily Value				17%	13%	18%	15%	4%	4%		
#85606	5 ea (98g)	240	110	12g	2.5g	55mg	430mg	16g	2g	0g	16g
% Daily Value				18%	13%	18%	18%	5%	8%		
#85609	1 patty (98g)	240	110	12g	2.5g	55mg	430mg	16g	2g	0g	16g
% Daily Value				18%	13%	18%	18%	5%	8%		
#85667	5 ea (89g)	200	90	10g	2g	35mg	520mg	14g	1g	0g	14g
% Daily Value				15%	10%	12%	22%	5%	3%		
#85683	5 ea (95g)	230	100	11g	2.5g	55mg	520mg	16g	1g	1g	16g
% Daily Value				17%	12%	18%	22%	5%	3%		
#85687	1 patty (99g)	240	100	12g	2.5g	55mg	540mg	17g	1g	1g	16g
% Daily Value				18%	12%	19%	23%	6%	3%		
Popcorn & Boneless Wings											
Page 8											
#86318	8 ea (88g)	180	60	7g	1g	30mg	540mg	16g	1g	0g	12g
% Daily Value				11%	6%	10%	23%	5%	2%		
#86321	3 ea (83g)	190	70	7g	1g	35mg	560mg	16g	1g	0g	13g
% Daily Value				11%	6%	11%	23%	5%	2%		
#86345	3 ea (85g)	190	70	8g	1.5g	30mg	680mg	15g	1g	0g	14g
% Daily Value				12%	8%	10%	28%	5%	2%		
#86387	3 pieces (106g)	220	80	8g	1.5g	35mg	860mg	22g	1g	0g	14g
% Daily Value				13%	7%	12%	36%	7%	4%		
#86943	4 pieces (113g)	240	100	11g	2g	30mg	650mg	21g	1g	0g	15g
% Daily Value				17%	9%	10%	27%	7%	3%		
Chicken Wings											
Page 8											
#86614	3 ea (79g)	160	90	9g	2.5g	45mg	420mg	7g	0g	0g	12g
% Daily Value				15%	13%	15%	17%	2%	1%		

Premier Contracted Product	Serv Size	Serving Cal	Cal from Fat	Total Fat	Sat Fat	Chol	Na	Carb	D Fib	Sugars	Protein
Chicken Wings											
#86616	3 ea (80g)	170	90	10g	2.5g	45mg	560mg	8g	0g	0g	12g
% Daily Value				155	13%	15%	23%	3%	1%		
#86617	3 ea (79g)	170	90	10g	2.5g	50mg	390mg	6g	0g	0g	12g
% Daily Value				15%	13%	16%	16%	2%	1%		
#86619	3 ea (79g)	170	80	9g	2.5g	45mg	500mg	10g	0g	1g	12g
% Daily Value				14%	13%	15%	21%	3%	0%		
#88612	4 ea (92g)	160	100	11g	3g	50mg	1200mg	3g	0g	1g	11g
% Daily Value				17%	15%	16%	50%	1%	2%		
#88633	4 ea (85g)	140	80	9g	2.5g	55mg	680mg	1g	0g	0g	13g
% Daily Value				14%	13%	18%	28%	0%	1%		
#88635	3 pieces (76g)	140	90	10g	2.5g	45mg	590mg	1g	0g	0g	11g
% Daily Value				15%	14%	16%	25%	0%	1%		
#88670	3 ea (73g)	120	70	8g	2g	35mg	580mg	1g	0g	0g	11g
% Daily Value				12%	11%	12%	24%	0%	0%		
#88679	4 ea (85g)	190	90	10g	2.5g	45mg	570mg	13g	0g	8g	11g
% Daily Value				15%	13%	15%	24%	4%	0%		
Breaded Breast Filets											
Page 9											
#86855	1 fillet (128g)	260	100	11g	2g	55mg	900mg	17g	<1g	1g	23g
% Daily Value				17%	9%	18%	41%	6%	3%		
#86861	1 fillet (112g)	240	90	11g	1.5g	45mg	820mg	19g	2g	0g	18g
% Daily Value				16%	8%	15%	34%	6%	6%		
#86881	1 fillet(112g)	240	90	10g	1.5g	45mg	870mg	18g	2g	0g	19g
% Daily Value				16%	8%	15%	38%	6%	8%		
#86893	1 fillet (149g)	310	110	12g	2g	55mg	1290mg	27g	3g	0g	23g
% Daily Value				18%	10%	18%	54%	9%	13%		
#87045	2 ea	220	80	9g	1.5g	40mg	900mg	19g	1g	1g	16g
% Daily Value				14%	8%	14%	38%	6%	4%		
#87940	1 fillet (135g)	280	110	12g	2g	55mg	1160mg	20g	1g	1g	21g
% Daily Value				18%	10%	18%	48%	7%	4%		

Premier Contracted Product	Serv Size	Serving Cal	Cal from Fat	Total Fat	Sat Fat	Chol	Na	Carb	D Fib	Sugars	Protein
Breaded Breast Filets											
#151410	1 ea (113g)	220	80	9g	1.5g	45mg	670mg	16g	0g	0g	17g
% Daily Value				14%	8%	15%	28%	5%	2%		
Unbreaded Breast Strips/Filets											
Page 9											
#88406	2/3 cup (85g)	100	30	3.5g	1g	70mg	590mg	1g	0g%	0g	16g
% Daily Value				5%	4%	23%	24%	0%	0%		
#3546	2/3 cup (85g)	90	10	1g	0g	45mg	510mg	2g	0g%	0g	18g
% Daily Value				2%	0%	15%	21%	1%	0%		
#88408	2/3 cup (85g)	90	25	2.5g	.5g	55mg	530mg	1g	0g	0g	16g
% Daily Value				4%	3%	19%	22%	0%	0%		
#88413	3oz (85g)	100	20	2g	0g	50mg	530mg	3g	0g	0g	16g
% Daily Value				3%	2%	16%	22%	1%	0%		
#88547	1 ea (85g)	150	80	9g	2.5g	55mg	450mg	1g	0g	0g	16g
% Daily Value				14%	13%	18%	19%	0%	0%		
#88575	1 ea (85g)	100	20	2g	0g	55mg	330mg	1g	0g	0g	18g
% Daily Value				3%	2%	18%	14%	0%	0%		
#88840	1 ea (113g)	140	25	3g	.5g	70mg	790mg	2g	0g	0g	24g
% Daily Value				5%	3%	24%	33%	1%	1%		
#88855	1 ea (128)	150	30	3g	.5g	75mg	660mg	3g	0g	0g	24g
% Daily Value				5%	3%	25%	28%	1%	0%		
#88876	1 fillet (113g)	120	25	3g	0.5g	60mg	660mg	2g	0g	0g	21g
% Daily Value				5%	3%	20%	28%	1%	0%		
#89008	1 ea (99g)	110	20	2.5g	.5g	55mg	660mg	3g	0g	0g	19g
% Daily Value				4%	3%	19%	28%	1%	0%		
Patuxent Label											
Page 11											
#484488	1 piece (113g)	260	100	11g	2g	45mg	1050mg	22g	1g	0g	16g
% Daily Value				17%	10%	15%	44%	7%	4%		
#483506	4 pieces (112g)	250	110	12g	2g	35mg	800mg	21g	1g	0g	15g
% Daily Value				18%	10%	12%	33%	7%	4%		

Premier Contracted Product	Serv Size	Serving Cal	Cal from Fat	Total Fat	Sat Fat	Chol	Na	Carb	D Fib	Sugars	Protein
Patuxent Label											
#483517	4 pieces (112g)	240	110	12g	2g	35mg	760mg	19g	1g	0g	15g
% Daily Value				18%	10%	12%	32%	6%	4%		
#484465	1 piece (112g)	220	90	10g	2g	40mg	720mg	17g	0g	0g	16g
% Daily Value				15%	10%	13%	30%	6%	0%		
#483847	1 piece (169g)	370	160	18g	3g	55mg	1140mg	29g	1g	0g	22g
% Daily Value				28%	15%	18%	48%	10%	4%		
#482636	3 pieces (126g)	230	70	8g	1.5g	50mg	830mg	19g	1g	0g	19g
% Daily Value				12%	8%	17%	35%	6%	4%		
#482639	3 pieces (126g)	230	70	8g	1.5g	50mg	830mg	20g	1g	0g	19g
% Daily Value				12%	8%	17%	35%	7%	4%		
#482672	3 pieces (126g)	220	80	8g	1.5g	50mg	770mg	18g	1g	0g	19g
% Daily Value				12%	8%	17%	32%	6%	4%		
#482648	3 pieces (128g)	240	80	9g	1.5g	50mg	980mg	20g	1g	0g	20g
% Daily Value				14%	8%	17%	41%	7%	4%		
#482627	2 pieces (140g)	280	110	12g	2g	45mg	1010mg	25g	1g	0g	18g
% Daily Value				18%	10%	15%	42%	8%	4%		
#482649	2 pieces (112g)	240	90	10g	1.5g	35mg	930mg	24g	1g	0g	15g
% Daily Value				15%	8%	12%	39%	8%	4%		
#482650	2 pieces (138g)	290	110	12g	2g	45mg	990mg	24g	1g	0g	18g
% Daily Value				18%	10%	15%	41%	8%	4%		
#482744	2 pieces (140g)	290	110	12g	2g	45mg	1060mg	27g	1g	0g	18g
% Daily Value				18%	10%	15%	44%	9%	4%		
#482949	2 pieces (140g)	290	110	12g	1.5g	45mg	1060mg	27g	1g	0g	18g
% Daily Value				18%	10%	15%	44%	9%	4%		
#482846	1 piece (84g)	170	70	7g	1g	25mg	600mg	15g	0g	0g	11g
% Daily Value				11%	5%	8%	25%	5%	0%		
#482663	1 piece (90g)	180	70	8g	1.5g	30mg	650mg	16g	0g	0g	12g
% Daily Value				12%	8%	10%	27%	5%	0%		
#482670	1 piece (90g)	190	70	8g	1.5g	30mg	740mg	19g	1g	0g	12g
% Daily Value				12%	8%	10%	31%	6%	4%		